CAMBRIDGE BAY WELLNESS CENTRE

Cambridge Bay, Nunavut

The Cambridge Bay Wellness Centre operates a number of programs which include a food-related component. There is a weekly food bank which supports about 50 families. Food includes a range of staples, fresh produce, meats and country foods. Meals are provided through child and youth programs, school breakfasts, CPNP cooking classes (open to everybody once a week), Elders' programs, and to the women and men's shelters. The centre also provides emergency food to families in times of high need or crisis. The centre's policy is to use and promote country food as much as possible. Access to country food is made possible through the support of the HTO, Kitikmeot Foods and from donations by individuals. Store-bought foods are obtained through the local store with discounts of 10-15%. Also, different organizations donate food for various projects and purposes.

The Wellness Centre has committed a proportion of every program funding budget to food and every program provides a meal or snack of some kind.

